

Analysis of the Enlightenment Football and the Healthy Campus Construction of the Kindergarten

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Abstract: Football reform and development have attracted much attention. For this reason, relevant units have issued relevant policies and activity guidelines for preschool football to clarify the construction of kindergarten football. The stage of young children from 3 to 6 years old is the key period for the development of children's sports interests, habits, cognition and skills. Therefore, from the perspective of enlightenment football, this paper analyzes the following problems in the development of kindergarten football: insufficient support from the government and social forces; Kindergarten facilities and management; lack of professional football teachers; lack of football training for teachers in kindergartens. Therefore, this paper puts forward that the government perfects the fund policy input mechanism.

Keywords: Enlightenment Football; Kindergarten; Healthy Campus Construction; Construction of Healthy Campus in Kindergarten

1. Introduction

It is not only an important strategic plan, but also a basic project to promote the popularization of Chinese football. With the release of the Notice on the Establishment of National Football Characteristic Kindergarten in 2021, we can see the importance attached to early childhood football. At the same time, it is emphasized to build a healthy campus by creating a good football atmosphere. [1] Therefore, it is of great value and guiding significance to analyze the problems and factors of kindergarten's enlightenment football and put forward the strategy of effectively developing children's football to build a healthy campus.

2. Coupling Analysis of Football Enlightenment and Healthy Kindergarten Construction

2.1 Early Childhood Football is in Response to the Realistic Call of Football Entering School

The General Plan for the Reform and Development of Chinese Football and the Implementation Opinions of the Ministry of Education and Other 6 Departments on Accelerating the Development of Youth Campus Football can be seen as to the degree to which the State attaches importance to the entry of children's football into the campus. It is hoped that a healthy, harmonious and strong football culture atmosphere and environment can be created, so that the whole children can strengthen themselves in the happy football games, cultivate their strong interest in football and build a healthy campus, thus promoting the healthy and all-round development of children's body and mind. [2] The Notice of the General Office of the Ministry of Education on Developing the Pilot Work of the Kindergarten with Football Features clearly points out that the education concept of health first shall be firmly established, the popularization coverage of children's football shall be accelerated, the "foundation" for the development of school football shall be consolidated, the physical health level of children shall be enhanced, and the children with all-round development in the new era shall be cultivated. Therefore, the kindergarten should respond to the policy call, establish and improve the educational activities of the children's enlightenment football, cultivate the children's sports interest through the children's football games, build a healthy campus, and cultivate healthy and beautiful children.

2.2 Early Football Education Helps Children's Development and is the Key to Improve the Quality of Education

"Kindergarten Education Guidance Outline" points out: "Establish the correct concept of health, while paying attention to children's physical health, we should attach great importance to children's mental health. Therefore, it is necessary to organize sports activities for young children in a purposeful and planned way according to different age stages, so that children's football is also an important and interesting sports activity for young children. And the research shows that 3-6 years old is the key period to cultivate children's sports interest. Therefore, improve the campus hardware facilities, construct the football curriculum system, create a football environment, attract children to participate in football activities through the influence of the environment, and improve children's sports balance and coordination through football games. and the physical quality of the infant is improved. At the same time, children's football can help children develop the whole brain, they concentrate on activities, can develop their sense of purpose. In the football game inevitably will encounter difficulties, the children bravely challenge the difficulties through activities, cultivate their not afraid of difficulties, not afraid of losing, do not accept the spirit quality. Young children can develop regularity in the process of playing football. Finally, football can also foster the social development of young children. In the group football game, develop their sense of cooperation, improve their communication skills, and develop a good habit of understanding politeness. The continuous self-challenge in the game activities will make the children have a strong sense of collective honor and greatly improve their self-confidence, and have a far-reaching influence on the sound personality of the children. In a word, children's enlightenment football has a promoting effect on children's physical and mental development. Only when children have good physical quality can they grow up healthily, it is also the key to improve the quality of education.

3. Dilemma in the Development of Football Enlightenment in Kindergartens

3.1 Insufficient Support from Government and Social Forces

The government not only issues the policy support, but also has the certain manpower, the financial resources and the material resources investment, consummates the kindergarten football characteristic supporting measure, is to promote the kindergarten standardization, is also guarantees the child soccer curriculum smooth implementation foundation, is also the improvement preschool education quality premise. After investigation, many kindergartens want to invest in football fields and purchase football equipment, but due to insufficient government funds, their limited funds cannot construct. Second, the social attention, support is not enough, there is no relevant institutions to cooperate, for the kindergarten to provide systematic training education guidance services. Third, children's football training institutions, various, lack of a certain system, children's football education and training system is not perfect. Finally, the support provided by all walks of life is insufficient, the community resources construction is deficient, and the propaganda of children's football is not strong enough. Therefore, parents do not know enough about the concept and importance of football to promote children's physical and mental development, resulting in low support for children's football activities. [3]

3.2 The Kindergarten Site Facilities and Management are Not Perfect

The facilities and equipment are the basis of football characteristic course in kindergarten. First, the survey found that most kindergartens do not have enough space to build football fields, because there are other teaching needs. Some kindergartens although the site construction is completed, but because of the kindergarten classes, children, but also every week to take turns a section or too much to wait, playing football has become children's greatest extravagance. Second, a lot of kindergarten purchase of football does not meet the use of children standard, the quantity is insufficient, football damage is not updated in time. Third, there may be some kindergartens did not purchase or did not purchase the proper football field fence, resulting in certain potential safety hazards and the ball flying always cannot touch the ball,

the interest of children is not high. Finally, the management of the kindergarten leaders is not in place, the management of the football field is unreasonable, the facilities and equipment management is improper, and the education management is not enough to understand the football curriculum, which are also the urgent problems for the kindergarten to develop football characteristics. [4]

3.3 Lack of Professional Football Teachers in Kindergartens

Kindergarten football is the hot topic of the present era, so many kindergartens develop football characteristics, but through the investigation, it is found that kindergarten teachers are mostly preschool education professional female kindergarten teachers, there will also be a few kindergarten one or two male teachers, but not all physical education specialty. There are also a small number of kindergartens will hire the so-called preschool football teachers, but after the survey they are not class, but also because of the market needs, and enter football institutions and kindergarten education. Therefore, it can be seen that most professional football teachers in kindergartens are very deficient, and non-professional preschool football teachers do not understand the knowledge and skills of football, the establishment and implementation of football courses, resulting in difficult teaching.

3.4 Lack of Football Training for Teachers in Kindergartens

Learning training is the premise to improve the football knowledge and ability of preschool teachers. However, it is found that many kindergartens occasionally invite football coaches from out-of-school institutions to train kindergarten teachers in simple theory and skills. First of all, the coach's teaching ability needs to be improved, the child football training lacks the national teaching outline, the service quality of the training institution is not high, the number of times of the training is less, the content is much, many preschool teachers do not understand the theory and skill of the child football, the enthusiasm is not high, such training teachers accept and absorb less, more formal, etc. Secondly, the managers in the park do not master football knowledge and skills

enough, so they cannot carry out regular training and teaching research in the park effectively. Finally, the kindergarten teachers are from non-professional classes, lack of relevant knowledge and skills, and lack of independent learning of relevant knowledge, such as the Guide to Game Activities of National Football Characteristic Kindergarten and the low level of understanding of the system platform of National Football Characteristic Kindergarten. Therefore, the lack of learning and training will greatly affect the development of curriculum quality, which is not conducive to building a healthy campus with children's football as an opportunity. [5]

3.5 Non-standard Football Courses in Kindergartens

The standardization of curriculum is the key to improve the quality of children's football. Although there are "national football characteristic kindergarten game activity guide" and systematic study guide, but many kindergartens have not been able to prepare their football curriculum according to the characteristics of children's age of the school and all levels. Secondly, the kindergarten does not employ professional football teachers to teach. Thirdly, due to the lack of relevant knowledge and skills of kindergarten teachers, the lack of curriculum construction capacity, lack of integration and infiltration of football curriculum and the five major fields, and lack of creation and edification of the garden environment. Finally, many kindergarten teachers do not have professional learning and training related knowledge and skills, do not understand the teaching content, goal, preparation, process, teaching is not standardized, lack of game-based methods, resulting in children's low interest, not active participation. [6]

3.6 Parents' Lack of Understanding of the Concept of Children's Football

The survey found that most parents expressed support for soccer activities in kindergartens, but many parents expressed excessive concern. Can a child play football when she is so young? Can a girl play football? Kindergarten female teachers can also take children to play football? According to the interview, parents have a lot of worries about children's participation in football activities. The reason is that parents

do not have enough trust in teachers and lack of understanding of the concept of children's football and the necessity and importance of developing football, which results in that parents' support is not high and children's enthusiasm for participation is not strong, so they cannot make better use of football sports games to promote healthy development of body and mind. Can you play football too?

4. Strategies of Football Enlightenment Based on the Development of Healthy Kindergarten

4.1 The Government Perfects the Fund Policy Input Mechanism, and All Walks of Life Support

First of all, the government departments should strengthen the implementation of relevant football development policies, give more funding and policy support to children's football, in order to meet the development of the characteristics of football in the kindergarten, to speed up the development of children's football cause. Secondly, the government should cooperate with the relevant football training institutions to strengthen the management of the children's football training market, encourage the institutions to cultivate talents and provide preferential and quality football training and teaching services for kindergartens. Thirdly, I hope the social professionals who love football will devote themselves to the teaching of children's football and improve the teaching quality. Finally, with the support of the government, the forces of all walks of life will build football fields, facilities and equipment for children's parents to actively participate in, which will help parents to have a deeper understanding of the concept and importance of children's football, so as to vigorously support them.

4.2 Improve the Facilities and Equipment of Children's Football Fields and Ensure the Safety of the School

First, we should set up a leading group to strengthen the organization and leadership before carrying out the special activities of children's football. Special funds shall be invested, enough attention shall be paid to the safety of site facilities and equipment, and the safety of site equipment shall be inspected

from time to time. Secondly, the leading group should reasonably allocate the teaching site to avoid unnecessary potential safety hazards caused by too many games in each class. Third, according to the child's age characteristics, purchase a sufficient number of soccer in accordance with the requirements. Finally, the full-time team shall perform their own duties, conduct irregular safety inspection of facilities and equipment, and timely report and replace them to meet the learning needs of children. Improving the salary level of football teachers and introducing professional football teachers of high quality can speed up the development of football career of children. But the professional children's football teachers are very few, which is the urgent problem to be solved. Therefore, the introduction of professional institutions, professional football teachers for teaching is the key to ensure the quality of education. Secondly, we should cooperate with colleges and universities to encourage students of physical education colleges to enter the garden for practice teaching opportunities. Finally, raising the salary of football teachers and improving the reward and punishment system will help to improve the teachers' enthusiasm for effective teaching and improve the quality of education.

4.3 Strengthen the Professional Training of Football Teachers and Promote the Professional Growth of Football Teachers

Aiming at the problem that preschool teachers lack football knowledge and skills and teaching experience. First of all, it is an effective way to improve teachers' teaching ability to invite professional football coaches and professional trainers to enter the garden to carry out targeted and planned training on theoretical knowledge and practical operation of skills. Secondly, establish football backbone teachers in the park, and set up a special football teaching and research team to discuss, reflect and improve every football open class or micro-class and observation. At the same time, it is also possible to learn the National Football Characteristic Children Game Activity Guide and the use of the National Football Characteristic Kindergarten System Platform on a regular basis through collective lesson preparation. [7] Again, teachers should learn the relevant children's football knowledge and skills independently and

accumulate teaching experience. Finally, according to the actual situation of the park, the training institutions should formulate reasonable training contents, training time and training forms in a planned way, carry out theoretical study, practical operation, teaching and research, practice, reflection, summary and other channels for teachers, strengthen teacher training and strengthen teachers' strength.

4.4 Optimize Course Management and Improve Teaching Quality

First of all, the improvement of parents and teachers' educational ideas for children's soccer can help to optimize the curriculum and improve the quality of teaching. Secondly, according to the actual situation and needs of our school, we should speed up the formulation of football teaching materials in accordance with the law of children's development. According to the Guidelines for 3-6 Years Old Children's Learning and Development issued by relevant departments and the Guidelines for Children's Game Activities with National Football Characteristics, and the physical development status of children, the teaching objectives and teaching methods for children in small, middle and large classes are specially formulated. According to the development characteristics of children at different ages, the teaching contents and examples of teaching courses, examples of teaching plans, teaching progress, procurement of equipment, organization and division of labor are formulated, and the school football curriculum outline for kindergartens is formulated. Thirdly, study five major fields and integrate the characteristics of children's football culture. [8] For example, football integration courses such as Painting Soccer in the art field, Football Stars in the social field, Soccer Story in the language field, Round and Square in the Science field, Small Hamster Robbing Rice in the health field and other football integration courses. Finally, strengthen the supervision of children's football lessons, strictly implement the education and teaching plan, bring football lessons into the annual assessment, and guarantee the teaching quality.

4.5 Deepening Home-school Cooperation and Accelerating the Construction of

Kindergarten Football Culture

First of all, through the development of rich and interesting football activities and public accounts, WeChat short videos and other ways to parents to promote the new concept of young children's football, so that parents understand the goal of moral education, physical fitness, and intelligence promotion with the ball. Secondly, create parent-child football activities on campus, encourage parents to participate in football activities, enhance parent-child relationship or encourage parents to play football games with their children every week, establish reward mechanism to encourage children and parents to participate actively, and help children develop interest. Once again, there is a football match and a football feature week. In order to create football campus culture, a week is established every year as "Football Characteristic Week" to carry out a series of football activities. For example, football mobilization meeting, children's football talent exhibition, football cheerleader exhibition, football matches of all grades, improve football atmosphere, football game day, class football environment creation and evaluation, football culture story, painting competition, etc., so as to promote the development of kindergarten football level, so as to give full play to football education function, take football as an opportunity to cultivate body-building children and build a healthy campus [9].

5. Conclusion Section

5.1 Research Achievements and Existing Deficiencies

Through consulting a large number of literatures, this research has learned the degree of attention paid to children's football courses in the present country, and collected the physical and mental effects of football game characteristic courses on children. In combination with the kindergarten and each kindergarten analysis of the current common problems, such as: relevant units to the kindergarten to develop the characteristics of football funds insufficient; Most kindergartens lack football field construction, facilities and equipment are not complete, management is not perfect; lack of professional football teachers and training; the development and

construction of football game courses in kindergartens are deficient; Parents do not know enough about the concept of young children's football. In view of these problems, I also combine the current football game characteristics of my school to put forward the corresponding strategies and opinions, but the research is superficial, the kindergarten to the football characteristics as the foundation of healthy campus construction, not enough in depth and specific practices lack of practice, reflection, summary and adjustment and improvement.

5.2 Research Prospect

Hope this research provides the reference for everybody, will the infant enlightenment football and the kindergarten healthy campus construction probe into the further research, finally hope each garden can combine the actual situation to form the more mature children's football game characteristic development plan, builds the national football healthy campus. At the same time, it is necessary to combine the Guidelines for Learning and Development of 3-6 Years Old Children, which aims at physical development in the field of health, so as to promote the physical and mental development of children. Through the accumulation of research and experience, we will continue to explore the opportunity to form a unique one-park-one-characteristic scheme and a unique healthy campus. At the same time, our teachers will regularly carry out activities of teaching and research 1-2 times a month, exchange learning and integrate innovation, put the practice into practice, timely reflect, summarize, adjust and improve. Form a subject group to explore and form a practical scheme, and collect the game lesson plans and video process data into a volume. Finally, in the process of practice, we take the children as the main body, give full play to their innovative ability, cooperation and communication ability, and cultivate their learning quality of optimism, self-confidence and no fear of difficulties in the process.

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